



**University of Texas at Dallas
Department of Intercollegiate Athletics**

STUDENT-ATHLETE 2009-2010 HANDBOOK





**THE UNIVERSITY OF TEXAS AT DALLAS
DEPARTMENT OF ATHLETICS**

Dear UTD Student-Athlete,

We want to take the opportunity to welcome you to the campus of The University of Texas at Dallas. We are very excited that you have chosen one of the finest universities in the country to compete in athletics and obtain your education. A rewarding and memorable experience as a Student-Athlete at UTD is our primary objective.

Development as both the student and the athlete in your development at UTD will be emphasized. Please remember that our first and foremost concern is your academic and personal success.

This handbook has been prepared to help you be acquainted with important information and policies related to The University of Texas at Dallas, the American Southwest Conference, and the NCAA. You will be responsible for knowing and abiding by these policies, so please take the time to closely review them.

Our coaches, administrators, and support staff are here to help you. I encourage you to take advantage of the variety of services offered across the campus.

Best wishes for a successful 2009-10 academic and athletic year.

Sincerely,

A handwritten signature in black ink that reads "Chris Gage". The signature is written in a cursive, flowing style.

Chris Gage
Director of Athletics

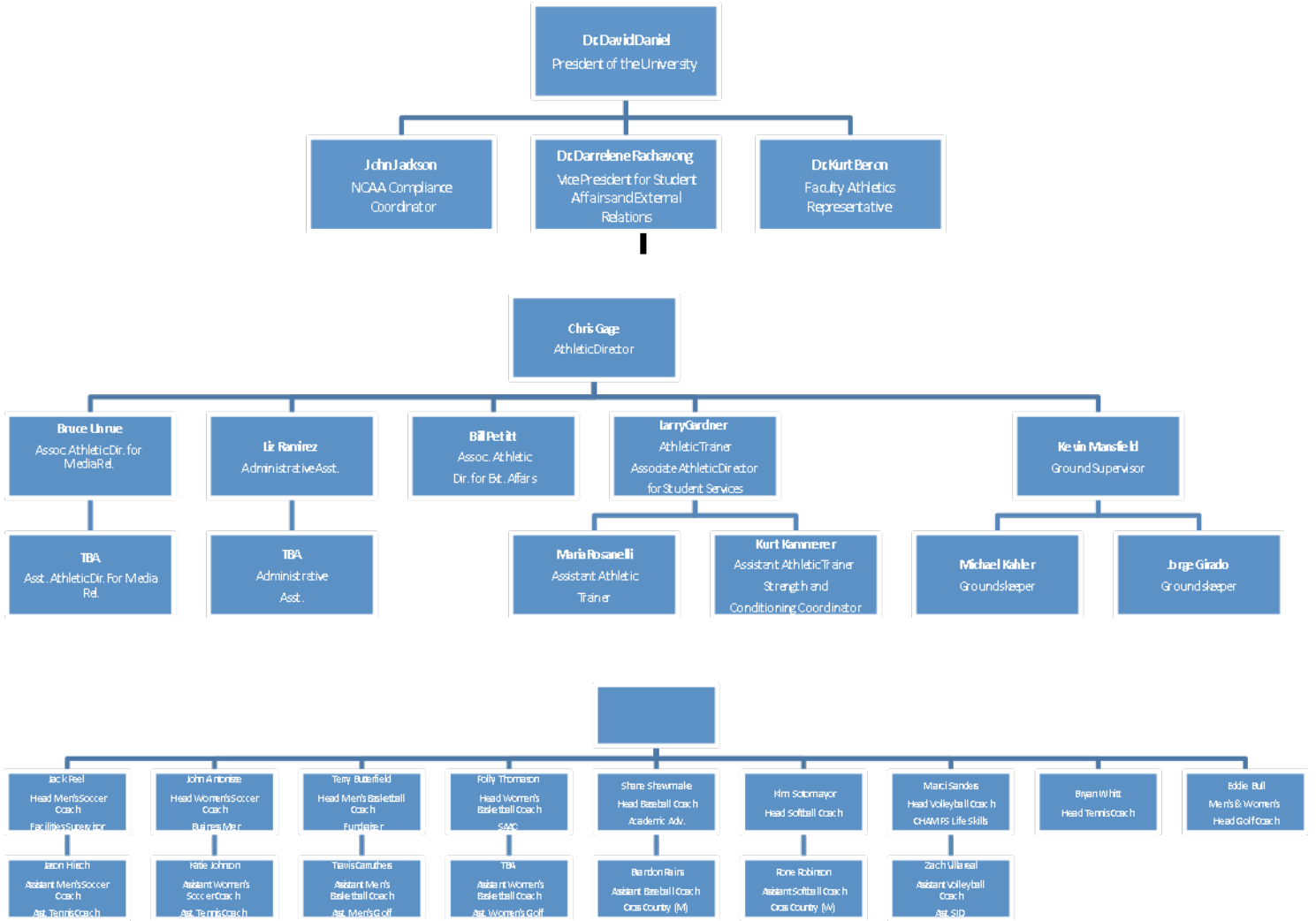
THE UNIVERSITY OF TEXAS AT DALLAS ATHLETIC PROGRAM

U.T. Dallas is a member of the National Collegiate Athletic Association (NCAA) Division III and the American Southwest Conference. UTD currently fields 13 intercollegiate teams, including six men's and seven women's teams.

2009-2010 DEPARTMENT OF ATHLETICS STAFF

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Dr. Kurt Beron	Faculty Athletics Rep	972-883-2929
Larry Gardner	Assoc. Director of Athletics for Student Services	972-883-4066
Bill Pettitt	Assoc. Athletic Director for External Affairs	972-883-6166
Bruce Unrue	Assoc. Athletic Director for Media Relations	972-883-6308
TBA	Asst. Athletic Director for Media Relations	
Liz Ramirez	Administrative Assistant	972-883-4490
John Jackson	Compliance Officer	972-883-6705
Polly Thomason	Women's Basketball Coach	972-883-4077
TBA	Assist. Women's Basketball/ Assist. Women's Golf Coach	972-883-4126
Terry Butterfield	Men's Basketball Coach	972-883-4063
Travis Carruthers	Assist. Men's Golf Coach/ Assist. Men's Basketball Coach	972-883-4491
Brandon Rains	Men's Cross Country Coach/ Assist. Baseball Coach	972-883-4495
Rone Robinson	Women's Cross Country Coach/ Assist. Softball Coach	972-883-4125
Eddie Bull	Men's & Women's Golf Coach	972-883-4494
John Antonisse	Women's Soccer Coach	972-883-4061
Katie Johnson	Asst. W. Soccer/Tennis Coach	972-883-4493
Jack Peel	Men's Soccer Coach	972-883-4062
Jason Hirsch	Asst. Men's Soccer/Tennis Coach	972-883-4068
Bryan Whitt	Men's Tennis Coach	972-883-6060
Kim Sotomayor	Softball Coach	972-883-2394
Shane Shewmake	Baseball Coach	972-883-2392
Marci Sanders	Volleyball Coach	972-883-2012
Zach Villarreal	Assist. Volleyball Coach	972-883-4492
Maria Rosanelli	Assist. Athletic Trainer	972-883-4066

UTD Athletics Organization Chart



Philosophy and Purpose Statement Intercollegiate Athletics

- As an integral part of the total educational program within the University, the athletic program is subject to the same goals, policies, and objectives as other departments and programs on campus. The purpose of athletics at The University of Texas at Dallas is to provide competitive opportunities to students, which foster physical, social and emotional benefits along with a sense of sportsmanship. In pursuit of this, the athletic department emphasizes the development of the student-athlete's mind, body, and spirit in a manner complementary to the academic program and places special importance on the collegiate experience of the student-athlete. Looking to the future, the University has developed an expanding athletic program competing in the NCAA Division III, which exists for schools that offer no athletic scholarships, and emphasizes amateur athletics and fair play with the total well being of the student-athletes in mind. The University of Texas at Dallas is a member in affiliation with the American Southwest Conference that currently hosts 15 institutions, 12 private and 3 public, offering championships and philosophical direction for the 15 non-scholarship member institutions. Choosing to offer athletics under those circumstances fulfills the need of those students who desire to participate in sports while pursuing a baccalaureate degree. Student-Athletes are reminded that above all, the main purpose of attending the university is to obtain an education.

With these purposes in mind the Intercollegiate Athletic Department at The University of Texas at Dallas currently pursues the following goals for students and the institution:

The student-athlete, as a central focus of intercollegiate athletics, shall:

- Accept the responsibility to become an effective, contributing member of society.
- Perform as a positive role model on the campus and in the community.
- Fulfill academic responsibilities while progressing steadily toward meeting the requirements for a degree.

The University of Texas at Dallas shall:

- Ensure that intercollegiate athletics is an integral part of the total educational experience.
- Ensure that Student-Athletes receive the same treatment as other students with no special privileges in admissions, academic advising, course selection, grading, living accommodations or financial assistance.
- Similarly, student-athletes will not be denied rights or opportunities that would be available to them as non-athletes.
- Encourage participation by maximizing the number and variety of athletic opportunities in varsity sports.
- Control, finance and staff the athletics program through the same general procedures as other departments of the university.
- Provide equitable athletic opportunities for males and females and give equal emphasis to men's and women's sports.

Policies and Procedures

In conjunction with the expectations of the Student-Athlete and the objectives of the university, there are specified team and department rules that will be closely adhered to:

- a. **The intercollegiate athletics department will abide by the institutional guidelines regarding the use of alcohol and drugs.** All cases will be referred to the Dean of Students for adjudication in addition to the athletic department policy of probation until the judicial process is completed. Make note that additional disciplinary action can and will be applicable in accordance to the athletic department regulations.
- b. **It is a privilege to participate in intercollegiate athletics, thus, Student-Athletes are required to respect their teammates, spectators, all athletic staff, and university personnel.** A lack of respect could reduce or terminate one's affiliation with the intercollegiate athletics program.
- c. **Each Student-Athlete is required by NCAA legislation to be enrolled in a minimum of 12 hours each semester;** further, the successful completion of a *minimum of 12 hours with a minimum 2.0 grade point average* is required for athletic participation. Before dropping a class, the Student-Athlete should seek guidance from John Jackson regarding eligibility and discuss the matter with your appropriate coach before any change in the academic schedule is done.
- d. **The use of all tobacco products is strictly forbidden** and will result in probation and/or suspension from athletic participation and competition. This is an NCAA regulation and will be closely scrutinized and adhered to at all times.
- e. **Personal health and hygiene are expected at all times.** Whether you are attending class, traveling with a team or any other activity or function, it is expected that personal health and hygiene will be attended to.
- f. **You are strongly encouraged to report any and all situations of harassment, abuse, alcohol and/or drug abuse, or other situations to your coach and/or director of athletics that could adversely affect your athletic participation and academic success.**

Sportsmanship and Ethical Conduct

Student-athletes and student participants at all times shall conduct themselves with honesty and sportsmanship and represent the honor and dignity of fair play that characterizes competitive sports. Student-athletes, coaches, and all others associated with the athletic program will adhere to such fundamental values as respect, fairness, civility, integrity, and responsibility.

Unethical and unsportsmanlike conduct may include, but is not limited to, the following:

- a. Refusal to furnish information relevant to an investigation of a possible violation of an NCAA regulation when requested to do so by the NCAA or the individual's institution;
- b. Knowing involvement in arranging for fraudulent academic credit or false transcripts for a prospective or an enrolled student-athlete;
- c. Knowing involvement in offering or providing a prospective or an enrolled student-athlete an improper inducement or extra benefit or improper financial aid (*Revised: 1/9/96*);
- d. Knowingly furnishing the NCAA or the individual's institution false or misleading information concerning the individual's involvement in or knowledge of matters relevant to a possible violation of an NCAA regulation;
- e. Receipt of benefits by an institutional staff member for facilitation or arranging a meeting between a student-athlete and an agent, financial adviser or a representative of an agent or adviser (e.g., "runner") (*Adopted: 1/9/96*);
- f. Fraudulence in connection with entrance or placement exams;
- g. Engaging in any athletic competition under an assumed name or with intent otherwise to deceive;
- h. Providing information to individuals involved in organized gambling activities concerning intercollegiate athletics competition;
- i. Soliciting a bet on any intercollegiate team;
- j. Accepting a bet on any team representing the institution;
- k. Soliciting or accepting a bet on any intercollegiate competition for any item (e.g., cash, shirt, dinner) that has tangible value; or (*Adopted: 4/15/98*);
- l. Participating in any gambling activity that involves intercollegiate athletics or professional athletics, through a bookmaker, a parlay card or any other method employed by organized gambling (*Revised: 1/9/96, 1/14/97 effective 8/1/97*);
- m. Engaging in behavior that is discourteous or uncooperative with fans, officials, media, or opposing team members or participants.

Any student-athlete or student participant found in violation of the provisions of this regulation shall be ineligible for further intercollegiate competition, subject to appeal to the NCAA Eligibility Subcommittee, for restoration of eligibility. Other acts of unsportsmanlike conduct by student-athletes, institutional staff members and personnel, event management personnel, or spectators shall be subject to the definitions and policies in the American Southwest Conference Handbook Article V, Bylaws 5.02 through 5.08 as follows:

Unsportsmanlike Conduct: Any player or coach from an ASC member institution who is ejected from a contest will be automatically suspended from participating in the next scheduled contest of their team. Suspension would carry over to the next season. Game officials should notify the Supervisor of Officials who will notify the Director of Athletics of the affected institution. It will be the responsibility of the Director of Athletics to enforce the rule at their institution.

Sportsmanlike Conduct Policy: It shall be the responsibility of each member institution to ensure that all individuals employed by or directly associated with the athletic program of that institution, including its student-athletes, comport themselves in a sportsmanlike manner when representing their university, especially at intercollegiate athletic contests. Unsportsmanlike conduct shall subject the individual to disciplinary action. The member institution with which the individual is associated may also be subject to disciplinary action if it is found that the institution's policies, actions, or failure to act substantially contributed to the individual's misconduct.

Unsportsmanlike Conduct Defined: Acts of unsportsmanlike conduct shall include, but not be limited to, the following and shall be subject to private or public reprimand or suspension from a contest(s) as the Commissioner deems appropriate in the event of a flagrant violation or additional offense:

- a. Any person (athletic department staff or student-athlete) who strikes or physically abuses an official, opposing coach, player or spectator.
- b. Any person who intentionally incites participants or spectators to violent or abusive action.
- c. c. Any person who uses obscene gestures or profane or unduly provocative language or action towards officials, opponents or spectators.
- d. Any person who engages in negative recruiting, by making statements to a prospective student-athlete, parents, high school coach or other person interested in the prospective student-athlete which are not of a positive nature about another academic institution or its personnel, shall be subject to a public reprimand for the first offense and to a suspension of the privilege of recruiting for one season for an additional offense.
- e. Acts of unsportsmanlike conduct not specifically prescribed. Any person who publicly is unduly critical of any game official, Conference personnel, another member institution or its personnel, shall receive a suspension for a third violation. (These sanctions shall not be probated.)

Duties of the Commissioner: Whenever the Commissioner concludes, after a reasonable investigation, that there has been a violation of the regulation on unsportsmanlike conduct, he shall impose such penalty as he deems appropriate by first giving notice to the individual or institution. The Commissioner will provide the institution the amount of time he considers to be reasonable given the circumstances involved to take action of its own, and may adopt that action as Conference action if he deems it appropriate. In the event the individual or institution feels that the penalty is inappropriate, either because the violation did not occur or because the penalty is excessive, there shall be the right to appeal to the Compliance Committee. Notice of the desire to appeal must be given to the Commissioner within 48 hours of receipt of notification of the penalty imposed by the Commissioner. The Compliance Committee shall conduct a prompt hearing, affording the individual or institution the opportunity to be heard. The Compliance Committee may reaffirm, set aside, reduce or increase the penalty, as it deems appropriate, giving the individual or institution written notice of its decision and its reasons. The decision of the Compliance Committee shall be final and not subject to further appeal. Should the athletic department staff member(s) or student-athlete(s) involved be affiliated with one of the institutions represented on the Compliance Committee, or should a member of the Compliance Committee be unavailable, a designated alternate shall be appointed by the President of the Conference. If the institution of the President is involved, the past President shall appoint the alternate. The penalty imposed by the Commissioner shall be stayed pending the decision of the Compliance Committee.

Carrying Penalty Over to Next Season: Whenever a penalty of suspension is imposed at or near the end of the season of competition, such penalty may be carried over into the next season of competition.

Definition of Terms: As used in this regulation, "suspension" in the case of a player means that the player cannot participate in the designated number of contests but may practice. In the case of a coach, it means that the coach cannot be present in the playing arena for the designated number of contests but may conduct practice sessions. When a violation results in a coach being suspended from a contest, the coach shall be restricted from the building where the game is to be played for a period of one hour before the game, through the conclusion of the contest.

Eligibility

To represent U.T. Dallas in intercollegiate athletics, student-athletes must meet the following requirements:

1. **Be enrolled as a full-time student** (minimum of 12 hours - all at UTD).
2. **Be in good academic standing, i.e. not on academic probation.** If a Student-Athlete is placed on academic probation then the following semester the student may still practice with the team in their respective sport but may not play in any game or contest; if the student remains on academic probation after that, the student-athlete forfeits eligibility for practice and games/contests until probation is removed.
3. **Maintain satisfactory progress toward a degree** that is determined by:
 - a. Obtaining at least 24 credit hours in an academic year (including summer) OR,
 - b. Averaging 12 hours per term throughout entire collegiate career. This is calculated by adding the total number of collegiate hours taken, regardless of location or time (including summers and non-full time semesters), divided by the total number of NCAA eligible semesters (semesters in which student is enrolled in 12 or more hours, excluding summers, and attended at least one class during the semester).

An exception to this rule is given for an approved missed term. A student may in the course of their studies at UTD take one fall or spring semester off and not register for any courses. This request must be presented to the University's Compliance Officer prior to the beginning of the semester in question. No credit hours may be earned at UTD during this semester or transferred in from elsewhere. The academic year that this semester falls in will not count in the determination of the 24-hour rule required for satisfactory progress.

There will be a one time, one season probationary period for student-athletes who fail to meet the satisfactory progress requirements outlined above. If the requirements are not met before the next playing season, it shall be forfeited.

4. **Be in compliance** with all applicable provisions of the constitution and by-laws of the NCAA and all rules and regulations of The University of Texas at Dallas and of the American Southwest Conference.

Dropping Courses

BEFORE dropping any course a student-athlete MUST see the head coach and the Compliance Officer. A student-athlete MUST be enrolled in at least 12 hours to participate (practice and/or compete). Under no circumstances should a student-athlete ever drop below 12 hours without notifying the aforementioned people.

Team Travel & Class Attendance

Absence Due to Athletics Notification Policy

All student-athletes are expected to attend class at all times. Practice and game times are scheduled so as not to interfere with the athletes' classes. There may be times, however, when a game may interfere with an athlete's class schedule. It is the Student-Athlete's responsibility to notify their instructors in advance and to request information on assignments that may be missed due to games or travel. Coaches are not permitted to excuse any Student-Athlete from missing classes. No games will be scheduled during final exam week. A letter from the compliance officer must be presented to each instructor by the Student-Athlete prior to travel authorizing missed classes.

Team Travel Policy

All student-athletes will be expected to travel to and from games in University vehicles with school-approved drivers unless prior arrangements have been made with the coach and Director of Athletics. It is understood that if a player chooses to travel in a vehicle other than the University supplied, no school insurance coverage applies. It is strongly recommended that teams travel together in University vehicles if at all possible.

MEDICAL, ATHLETIC TRAINING

UTD Athletic Training

The UTD Training facility is located in the Activities Center on the first floor in the west end of the gym. This facility is designed to provide an area for first aid, physical therapy, injury rehabilitation, and athletic training administration for all student-athletes at UTD. The training room is a state of the art facility, equipped with the latest modalities necessary to return athletes to top physical performance.

The UTD training facility is staffed by highly-trained, Texas-licensed and nationally-certified Athletic Trainers. Athletic Trainer functions are injury prevention, recognition, evaluation and management. In addition, the athletic trainers will perform treatments, exercise rehabilitation, program evaluation, education and counseling. Training room hours are set depending on the sport season and needs. See the Associate Athletic Director for Student Services for special hours of treatment and other care.

Physical Examination and Medical History

Comprehensive physical examinations are required for all student-athletes each year. No athlete will be allowed to participate in any practice supervised by our coaching staff until that athlete has successfully passed his or her thorough examination and has been released for athletic participation. Prior to physical examinations, a complete medical history will be gathered on each athlete with notations made of each athlete's previous injuries, illnesses and surgeries. The medical history along with the comprehensive physical exam will give the athletic department, the athletic training staff and the team physicians' knowledge of the exact health condition of each athlete prior to initial participation in the UTD athletic program.

Medical Insurance

Each Student-Athlete is required to show proof of medical insurance on or before the administration of physical examinations each year. This is an NCAA Division III requirement that each Student-Athlete is covered in some way with medical insurance. At The University of Texas at Dallas, the Student-Athlete provides their own insurance; in no way is UTD or the athletics department responsible for your insurance coverage. No participation in either practice or competition will be allowed until proof of insurance is provided to the Head Athletic Trainer.

The insurance coverage that is purchased through the institutional insurance program does not include injuries/illness as a result of athletic participation.

The University of Texas at Dallas
Drug Education and Testing Program
In cooperation with the NCAA Division III Pilot Program

**Institutional, American Southwest Conference
and NCAA Drug Testing**

The University of Texas at Dallas is a member of the NCAA Division III American Southwest Conference. Random selection drug testing will be conducted in cooperation with the NCAA Drug Education and Pilot Testing Program for 2009-2010. Additionally, the NCAA administers drug testing at selected NCAA certified championship events.

All Student-Athletes will be notified of the procedures and protocol for the NCAA and institutional drug testing at the beginning of each academic year.

**The University of Texas at Dallas
Drug Education and Pilot Testing Program**

Philosophy: UT Dallas Athletics is committed to developing and maintaining a drug and alcohol free environment including but not limited to alcohol, street drugs, performance enhancing drugs and all tobacco use. While the primary purpose of this program is education, the serious nature of substance abuse requires development of sanctions as a deterrent to such use. Student-Athletes are assured that the program is designed to insure their continued mental and physical well being.

Objectives:

- To maintain the integrity of the intercollegiate athletics program by emphasizing abstinence from the use of unauthorized drugs, tobacco and alcohol
- To educate Student-Athletes as to the physical, psychological, social and legal ramifications of illegal use of drugs, alcohol, tobacco and/or performance enhancement chemicals
- To provide an early detection protocol for potential drug and/or alcohol use, as well as recreational and addictive drugs and/or alcohol use
- To recommend rehabilitation and counseling services for any Student-Athlete who may have a drug or alcohol problem; and
- To abide by all University conference and NCAA policies and procedures.

Staff Responsibility: All athletics staff members must be aware of and committed to the athletic department's drug education and pilot testing program. In that regard, no athletics staff member will encourage, condone or advise any Student-Athlete in the use of performance enhancing, non therapeutic drugs, alcohol, tobacco or recreational drugs. Further, they will not issue or assist the Student-Athlete in obtaining any performance enhancing/non-therapeutic drugs. Additionally, staff members must actively educate Student-Athletes against these types of substances and report the use, suspected use or concern to the director of athletics who in turn reports cases to the Assistant Vice President for Student Affairs/Dean of Students. All staff members will direct any Student-Athlete who desires to use supplements to the Head Athletics trainer for clearance. Any staff member found to be in violation of this policy is subject to discipline and/or dismissal.

IMPORTANT NOTE: ALL NUTRITIONAL/DIETARY SUPPLEMENTS CARRY SOME RISK OF CONTAINING AN NCAA BANNED SUBSTANCE BECAUSE THEY ARE NOT WELL REGULATED AND MAY BE CONTAMINATED. FAILURE TO CHECK OUT ANY SUPPLEMENT WITH YOUR SPORTS MEDICINE STAFF PRIOR TO USE MAY RESULT IN A FAILED APPEAL FOR A POSITIVE DRUG TEST. STUDENT-ATHLETES ARE RESPONSIBLE FOR ANYTHING THEY INGEST

Drug Education

The UT Dallas Department of Intercollegiate Athletics is responsible for educating Student-Athletes with regard to the hazards of non-prescription drugs and alcohol. If a Student-Athlete's drug or alcohol abuse is evident, he/she is required to complete a drug/alcohol education course and/or enter a rehabilitation program. Before the start of the playing season, each Student-Athlete receives a list of banned drugs along with a copy of The University of Texas at Dallas athletics' drug education and pilot testing program description. Additionally, a complete description of the UT Dallas Athletics' rules and regulations regarding substance abuse and a pilot testing program will be explained at the Student-Athlete Orientation sessions in August. Student-Athletes are instructed to avoid use of any over-the-counter drugs and supplements without first consulting the head athletic trainer. Over-the-counter and prescription drugs can result in a "false" positive drug test and may also have a detrimental effect on the Student-Athlete's performance. Student-Athletes are instructed to report the use of prescription drugs to the head athletic trainer.

Institutional Drug Testing Notification

Each Student-Athlete receives a written copy of the university's drug education and pilot testing program description. Also included is a consent form which the Student-Athlete by their signature acknowledges receipt and indicates understanding of the program and provides voluntary consent to the urinalysis. The consent form also provides release of the testing results to a limited and pre-defined number of individuals. Signing the consent form is a pre-condition for participation in UT Dallas Athletics.

Method of Institutional Testing

All Student-Athletes are subject to drug screening urinalysis for any or all of the substances that appear on the NCAA list of banned substances (see *NCAA Drug Testing Regulations List*). Additionally, all Student-Athletes are subject to testing for "cause" at any time.

The collection of urine samples from the athlete will be made under the supervision of a drug collection team. This team follows the guidelines listed in the NCAA and National Institute of Drug Abuse regulations for the preparation of the collection site and the actual collection of urine specimen.

Every step is taken to insure the integrity of testing procedures and maintenance of the accuracy and confidentiality of the test results. Upon collection of a urine sample by the collection team, the specimen is individually numbered. By signing a master list of numbered names, the Student-Athlete certifies that his/her numerical designation corresponds to that on the specimen bottle he/she submitted. The numbered samples (no names on the sample) are immediately sent to an independent laboratory commissioned to perform the tests.

The results will be returned to the designated program coordinator as the only person capable of matching the test results with the master list of names, reviews the results to determine which, if any, are possible (i.e. result indicating the presence in the urine of one or more banned substances).

The drug collection team adheres to a series of custody procedures to account for the integrity of each urine specimen by tracking the handling and storage from the point of collection to final disposition. Such procedures are designed to disclose evidence of specimen tampering. The drug collection team has the authority to recollect any sample submitted by the Student-Athlete that is considered altered (e.g., via dilution) or appears to be improperly collected by the Student-Athlete. If the collection team leader determines that the initial urine sample submitted is not adequate for testing, he/she may request that the Student-Athlete remain in the testing area until a second sample is collected. Both samples are sealed and submitted for laboratory analysis in separate containers and with separate ID numbers. Therefore, the Student-Athlete has his/her name and two ID numbers on a master list that is submitted to the designated UT Dallas athletics team coordinator.

Reaction to Positive Tests

FIRST POSITIVE TEST during the Student-Athlete's enrollment at UT Dallas will be reported to the Assistant Vice President for Student Affairs/Dean of Students as per institutional guidelines. The Student-Athlete is then advised to receive counseling as per athletic department guidelines; re-testing can be administered at any time. The Student-Athlete must complete a drug/alcohol education program;

SECOND POSITIVE TEST Again, UT Dallas institutional policies and procedures will be administered through the Dean's office. The Student-Athlete is immediately suspended from all participation in intercollegiate athletics for an indefinite period of time determined by the director of athletics. A required rehabilitation program must be completed at the expense of the Student-Athlete for consideration of future participation. Subsequent drug tests are performed as per the program coordinator with the confirmation of the director of athletics and Dean of Students;

THIRD POSITIVE TEST The Student-Athlete is permanently dismissed from the intercollegiate athletics program. The institutional policies are also placed into affect via the Dean's office.

Response for Unexcused Absence

In the event that a Student-Athlete is unable to attend a drug test, the individual will contact the program coordinator who determines if the absence is excusable. There will be only one acceptable unexcused absence.

- **For the excused absence**, a subsequent testing date will be assigned by the program coordinator.
- **For the unexcused absence**, the Student-Athlete will be suspended from all athletic activity until a drug test is performed with a negative response.
- **Any and all appeals** can be directed through the institutional review board.

Each year, a seminar will be conducted addressing any and/or all drug, alcohol, performance enhancement, supplements or nutritional issues requiring the mandatory attendance by all Student-Athletes and athletic staff members.

Guideline for Participation in Intercollegiate Athletics By a Pregnant Student-Athlete

Assessing the value and risk factors of intense, strenuous and in many cases contact physical activity by pregnant Student-Athletes is difficult and involves the health and wellbeing of the student and fetus.

The benefits from exercise to the fetus during pregnancy include but are not limited to increased tolerance for the physiologic stresses of the pregnancy, labor and delivery. The baby demonstrates to be more alert, less fussy and possibly has increased cognitive function.

The safety to participate in each sport must be dictated by the movements and physical demands common to each sport. High intensity exercise required for competition in most sports could increase fetal risks as well as risks to the pregnant Student-Athlete.

Athletics activities associated with a high risk of falling are to be avoided during pregnancy. Those participating in non-contact endurance sports are strongly encouraged to restrict activity to non-competitive and low intensity.

Women who have experienced or have documented medical conditions that place their pregnancies at high risk are to avoid physical activity until consultation with their obstetrician.

At The University of Texas at Dallas, Student-Athletes who are pregnant or become pregnant during practice/competition season of intercollegiate athletics will be placed on non-active status along with encouraging the consultation of their (an) obstetrician. Written documentation from the attending physician will be required prior to the Student-Athlete resuming athletic participation of any kind.

Intercollegiate athletics, its personnel, nor the university will not be held responsible for health/physical conditions that are not documented and reported directly to the Athletic Training Director and Director of Athletics.

Public Media and Social Network Policy for Student-Athletes

Public Media: Public media refers to technologies used to communicate messages and whose mission is to serve or engage a public. Public media domains include print outlets, traditional broadcasts and digital. When utilizing any public media outlets, student-athletes are expected to conduct themselves responsibly as members of their respective team, the Athletics Department, the University and the community.

Social Networks: Social network sites such as Facebook, MySpace, Friendstar, and other new digital platforms and distribution mechanisms facilitate students communicating with other students. Participation in such networks has both positive appeal and potentially negative consequences. ***It is important that UT Dallas student-athletes be aware of these consequences and exercise appropriate caution if they choose to participate.***

Student-athletes are not restricted from using any on-line social network sites and digital platforms. However, users must understand that any content they make public via on-line social networks or digital platforms is expected to follow acceptable social behaviors and also to comply with federal government, State of Texas, The University of Texas at Dallas, American Southwest Conference and National Collegiate Athletic Association (NCAA) rules and regulations.

Facebook and similar directories are hosted outside the server. Violations of university policy (e.g., harassing language, university alcohol or drug policy violations, etc.) or evidence of such violations in the content of on-line social networks or digital platforms are subject to investigation and sanction under the Student Code of Conduct, Student-Athlete Code of Conduct, and other policies. They are also subject to the authority of law enforcement agencies.

It is incumbent upon student-athletes to be aware of university regulations. Ignorance of these regulations does not excuse student-athletes from adhering to them.

Guidelines for Student-Athletes

The following guidelines are intended to provide the framework for student-athletes to conduct themselves safely and responsibly in an on-line environment. **As a student-athlete at UT Dallas, you should:**

- 1. *Be careful with how much and what kind of identifying information you post*** on on-line social network sites. Virtually anyone with an edu e-mail address can access your page. It is unwise to make available information such as full date of birth, social security number, address, residence hall room number, phone number, cell phone numbers, class schedules, bank account information, or details about your daily routine. All can facilitate identity theft or stalking. Facebook and other sites provide numerous privacy settings for information contained in its pages; use these settings to protect private information. However, once posted, the information becomes the property of the web site.

2. ***Be aware that potential current and future employers often access information*** you place on on-line social network sites. You should think about any information you post on Facebook or similar directories potentially providing an image of you to a prospective employer. The information posted is considered public information. Protect yourself by maintaining a self-image that you can be proud of years from now.
3. ***Be careful in responding to unsolicited e-mails asking for passwords or PIN numbers.*** Reputable businesses do not ask for this information in e-mails.
4. ***Do not have a false sense of security about your rights to freedom of speech.*** Understand that freedom of speech is not unlimited. The on-line social network sites are NOT a place where you can say and do whatever you want without repercussions.

Prohibited Conduct

Student-athletes are highly visible representatives of the university and are expected to uphold the values and responsibilities of the University while meeting all requirements set forth by the ASC, the NCAA, UT Dallas, and the UT Dallas intercollegiate athletics program. The UT Dallas Department of Athletics prohibits malicious and reckless behavior when utilizing public media outlets. It is important that student-athletes recognize the power of public media domains and the potentially negative image that they can portray about student-athletes, coaches, the athletics program, and the university.

Sanctions

Any inappropriate activity or language in violation of the above prohibitions, including first time offenses, is subject to investigation and possible sanction by UT Dallas and/or the Athletics Department, as well as civil authorities. Sanctions imposed by the Director of Athletics may include, but are not limited to, the following:

Written notification from the Director of Athletics or assignee to the student-athlete outlining the policy and requiring that the unacceptable content be removed or the social network account be deactivated.

- Temporary suspension from the team until prescribed conditions are met.
- Suspension from the team for a prescribed period.
- Indefinite suspension from the team.
- Dismissal from the team.

Appeals

1. A student-athlete may appeal suspension/dismissal from the team. For these sanctions, the Director of Athletics will give notice in writing of the sanction, of the student-athlete right to appeal, and of the prescribed appeal process.

2. The appeal process for suspension or dismissal from a team will be handled by the Faculty Athletic Representative who will appoint a committee of no less than three members who will hear the case.

ACKNOWLEDGEMENT /AGREEMENT
UT Dallas Public Media and Social Network Policy
for Student-Athletes

*PRINT PAGE 19 & RETURN WITH SIGNATURE TO ATHLETIC DIRECTOR
(STUDENT-ATHLETE SIGNATURE REQUIRED)*

I understand and agree that I am required to know, understand and follow the standards contained in The University of Texas at Dallas Department of Athletics **Public Media and Social Network Policy for Student-Athletes**. In addition, I understand and agree that I am responsible for knowing, understanding, and following the rules, policies, and procedures contained in the complete University of Texas at Dallas Student-Athlete Handbook.

Signature of Student-Athlete

Printed Name

Sport

Date

The University of Texas at Dallas
2009-2010
Student-Athlete Compliance Agreement

*PRINT PAGE 20 & RETURN WITH SIGNATURE TO ATHLETIC DIRECTOR
(STUDENT-ATHLETE SIGNATURE REQUIRED)*

AGREEMENT:

I have read and reviewed the information contained in *The University of Texas at Dallas Student-Athlete Handbook*, and agree to participate in intercollegiate athletics at UTD in compliance with the rules and regulations of The University of Texas at Dallas, the American Southwest Conference (ASC) and the National Collegiate Athletic Association (NCAA) contained therein. I will be held accountable for rules and regulations of The University of Texas at Dallas as well as the rules of the Athletic Department, ASC and NCAA.

Student-Athlete Signature

Student-Athlete Name (printed)

Date of Signature